



Neurodiversity Awareness in the Workplace

📍 Office 315-6, Bouverie House, 154-160 Fleet Street, London, EC4A 2DQ

☎ 0330 912 7515

✉ reuben.carr@pdguk.co.uk

🌐 www.mypd.co.uk

Dear Delegate,

I am delighted to welcome you to your MyPD training course.

At MyPD, we are passionate about supporting your professional growth. Our courses are carefully designed to be engaging, practical, and relevant, ensuring that you leave equipped with valuable knowledge and skills that you can immediately apply in your role.

Throughout the course, you will have the opportunity to share experiences, collaborate with others, and explore new ideas in a supportive and stimulating environment. Our trainers are dedicated to creating an interactive and enjoyable learning experience, and we encourage you to make the most of your time with us by asking questions, participating fully, and embracing new perspectives.

Whether you are here to build upon existing strengths, tackle new challenges, or simply refresh your skills, we are here to support you every step of the way.

Thank you for choosing MyPD for your professional development.

I wish you every success on your learning journey.

Kind regards,
Reuben Carr
Training Manager





Getting the most out of your training

Zoom Joining Link

Topic: Neurodiversity Awareness in the Workplace

Join Zoom Meeting

<https://us06web.zoom.us/j/8642921548>

Please click the link above and Matt will admit you at 9:30AM

How to use Zoom Guide

All our courses are run exclusively via Zoom. If you are unfamiliar with Zoom and do not have it downloaded, you can find instructions on how to download and operate it via the link below.

[Zoom Guide](#)

Our loyalty discount

This discount entitles attendees to a 20% discount on any future conference/training course being run by MyPD in the next 12 months.

Please quote code **EVENT20** at the start of your booking.

CONTACT US

☎ 0330 912 7515
✉ reuben.carr@pdguk.co.uk
🌐 www.mypd.co.uk



Neurodiversity Awareness in the Workplace



Duration: Full Day

Overview

Neurodiversity awareness in the workplace is a broad term for the acquiring of knowledge and tools that equip people and organisations to be able to support colleagues, clients and suppliers who have Neurodivergent conditions. It covers the understanding of all conditions that can affect the way a person processes information as well as how they interact with others.

This 1-day course will give you the information, summary knowledge and the ability to have meaningful discussions with any person with a Neurodivergent condition so that you can support them in the most effective manner possible, enabling them to carry out their role without anxiety or issue.

You will learn what the terminology means, what conditions are included, what the law says in terms of The Equality Act and what “reasonable adjustments” could look like.

Learning Outcomes

- Speak with confidence to those who are Neurodivergent
- Disclose their own Neurodivergence in ways that create useful dialogue.
- Learners will have the tools and resources to support Neurodivergent colleagues when required.
- Participants will be able to use their knowledge to inform D,I&E conversations in the workplace.

CONTACT US

☎ 0330 912 7515
✉ reuben.carr@pdguk.co.uk
🌐 www.mypd.co.uk

Agenda

9:30	Registration and Overview
9:45	Session 1: Neurodiversity, history, meaning and why we need to know about it? - Finding out what you already know – group exercise. - The history of Neurodiversity awareness and why it's important? - Facts and figures about the prevalence of Neurodivergent conditions in the UK and the World. - Understanding of common terms and words used. - Group discussions - why some people still don't talk openly about having Neurodivergent conditions.
10:45	Break
11:00	Session 2: Understanding conditions, labels, co-existing conditions, the right things to say and how to be a good advocate - Break out quiz. Where do you think each condition sits by category. - How conditions are categorized and why. - Detailed explanation of conditions by category.
12:30	Lunch
13:00	Session 2 continued - Comorbidities/Coexisting conditions and why they are vital to understand. - Labels, imagery, descriptions and how to be a positive ally in the workplace. - Group discussion – Does diagnosis matter?
14:00	Break
14:15	Session 3: Neurodiversity in the workplace - The Equalities Act and individuals' rights. - Reasonable adjustments. What are they, who do they benefit and what do they cost? - Some real-world examples and experiences shared.
15:15	Session 4: Making and plan of action and Q&A - Group work to plan next steps in your workplace. - Group Q&A
16:00	Summary and Close *Programme Subject to Change

Trainer Profile: Matt Gupwell



Matt Gupwell is a respected Neurodiversity awareness consultant and advocate with a mission to educate, inspire and to encourage everyone to take positive action to support Neurodivergent people. He's a respected voice in the Neurodiversity world and has delivered consultancy and training to clients including the UK Government, NHS, L'Oréal, major sporting organisations and start up tech companies.

For 15 years Matt has immersed himself in studying, advocating for and supporting Neurodivergent people of all ages. He combines the latest research with his gift for storytelling to share lived experiences of living undiagnosed with 3 conditions along with the shared experiences of the hundreds of people he's helped.

Matt's background as a professional entertainer before becoming a consultant brings a high level of engagement and experience to his style of delivery. He is an experienced trainer and public speaker, having spoken in front of more than 80,000 people, both in person and online. Matt has a reputation for his enigmatic personality and his ability to lighten difficult topics while making complex information easy to understand.

Your Needs, Your Training. Tailored Solutions for Every Client.

At PDG, we understand that every organisation has unique needs, that's why we offer tailored in-house training solutions to help your team develop the skills and expertise they need to thrive. Our in-house courses are designed to align with your organisation's specific goals, ensuring that your employees gain the knowledge they need in a way that is both relevant and impactful.

Our Process

Consultation

We begin with a comprehensive consultation to understand your audience, review existing challenges, and identify specific problem areas and desired learning outcomes.

Development

Our team develops a tailored training solution, leveraging subject matter expertise to create a proposal that aligns with your organisational objectives.

Proposal

We provide a detailed proposal that outlines the scope, costs, and terms, ensuring transparency and clarity for your decision-making process.

Pre-Delivery Meeting

We conduct a pre-delivery meeting with the trainer or subject matter expert allowing for necessary adjustments to ensure the training meets your expectations.

Delivery

The training is delivered by our qualified facilitators, focusing on engagement and interaction to enhance participant learning and retention.

Evaluation

We carry out a thorough evaluation to assess the effectiveness of the programme and gather feedback, ensuring alignment with your training goals and identifying opportunities for future enhancements.



BOOK A MEETING

to discuss bespoke courses
for your team

Woody Maxey-Graham

Training Partners Manager
woody@pdguk.co.uk | 0204 538 8769

THANK YOU FOR CHOOSING
MYPD FOR YOUR
PROFESSIONAL DEVELOPMENT
WE HOPE TO SEE YOU AGAIN SOON



IN PARTNERSHIP WITH



CONTACT US

☎ 0203 974 9539
✉ info@pdguk.co.uk
🌐 www.mypd.co.uk/courses