



Women in Leadership - Techniques and Pathways to Senior Roles

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Dear Delegate,

I am delighted to welcome you to your MyPD training course.

At MyPD, we are passionate about supporting your professional growth. Our courses are carefully designed to be engaging, practical, and relevant, ensuring that you leave equipped with valuable knowledge and skills that you can immediately apply in your role.

Throughout the course, you will have the opportunity to share experiences, collaborate with others, and explore new ideas in a supportive and stimulating environment. Our trainers are dedicated to creating an interactive and enjoyable learning experience, and we encourage you to make the most of your time with us by asking questions, participating fully, and embracing new perspectives.

Whether you are here to build upon existing strengths, tackle new challenges, or simply refresh your skills, we are here to support you every step of the way.

Thank you for choosing MyPD for your professional development.

I wish you every success on your learning journey.

Kind regards,
Reuben Carr
Training Manager





Getting the most out of your training

Zoom Joining Link

Topic: Women in Leadership

Time: Sep 10, 2025 09:30 AM London

Join Zoom Meeting

<https://us06web.zoom.us/j/82031856517>

Meeting ID: 820 3185 6517

How to use Zoom Guide

All our courses are run exclusively via Zoom. If you are unfamiliar with Zoom and do not have it downloaded, you can find instructions on how to download and operate it via the link below.

[Zoom Guide](#)

Our loyalty discount

This discount entitles attendees to a 20% discount on any future conference/training course being run by MyPD in the next 12 months.

Please quote code **EVENT20** at the start of your booking.

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Women in Leadership Techniques and Pathways to Senior Roles



Overview

While there has been a gradual increase in the number of female leaders within organisations in recent years, the journey towards gender equality in leadership roles remains an ongoing challenge. Women continue to face unique barriers in their path to senior positions.

Many accomplished women battle imposter syndrome, hindering their progression into leadership roles. This transformative course is designed to empower women with the knowledge, skills, and strategies necessary to overcome self-doubt and excel in leadership positions.

By the end of the session, participants will be well-prepared to take their careers to the next level and make a lasting impact on their organisations and industries.

Learning Outcomes

- Acquire essential leadership skills, including effective communication and decision-making.
- Build a valuable network of peers and mentors to support career growth.
- Learn strategies for work-life balance, time management, and personal growth.
- Contribute to the advancement of gender equality in leadership positions, fostering diversity and inclusivity in professional settings.
- Recognize and articulate your unique value proposition.

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Agenda

9:30	<i>Registration and Overview</i>
9:45	Women in Leadership • The value proposition of women in leadership • Barriers to development for women leadership • Gender stereotypes
10:45	<i>Morning Break</i>
11:00	Finding Your Voice as a Leader • Leadership styles • Inclusive leadership • Building credibility
12:15	<i>Lunch</i>
13:00	Confidence and Communication • Dealing with imposter syndrome • Confident communications toolkit • Speaking up and being heard • Persuasive language
14:30	<i>Afternoon Break</i>
14:45	Pathways to a Senior Role • How, Why and When to ask • Finding Allies • Dealing with exclusionary cultures • Building collective action • Generating senior leadership buy-in
16:15	<i>Summary and Close</i> • <i>Programme subject to change</i>

Trainer Profile: Rachel Holloway



Rachel is an executive coach and educator specialising in management and leadership. She is skilled at inspiring enthusiasm for learning and development and passionate about helping emerging female leaders position themselves for seniority.

Rachel has over 20 years of experience serving governments and international organisations worldwide, including the United Nations, the Organisation for Economic Co-operation and Development and the Governments of Vietnam, Morocco, Montenegro, and Peru. She brings her understanding of multicultural and functional teams and an acute understanding of the power our individual contributions bring.

Rachel has developed people and teams in the academic, not-for-profit, and business sectors. She brings her experience managing complexity as a Board and Senior Management Team member. Rachel is currently the Managing Director of Partners for Reform.

Rachel is a highly qualified trainer and holds The Association for Coaching and The Institute of Leadership and Management membership. She holds a Master's in Strategic Studies, and as she is committed to continuous improvement, she is completing a Master's in Coaching and Mentoring.

Your Needs, Your Training. Tailored Solutions for Every Client.

At PDG, we understand that every organisation has unique needs, that's why we offer tailored in-house training solutions to help your team develop the skills and expertise they need to thrive. Our in-house courses are designed to align with your organisation's specific goals, ensuring that your employees gain the knowledge they need in a way that is both relevant and impactful.

Our Process

Consultation

We begin with a comprehensive consultation to understand your audience, review existing challenges, and identify specific problem areas and desired learning outcomes.

Development

Our team develops a tailored training solution, leveraging subject matter expertise to create a proposal that aligns with your organisational objectives.

Proposal

We provide a detailed proposal that outlines the scope, costs, and terms, ensuring transparency and clarity for your decision-making process.

Pre-Delivery Meeting

We conduct a pre-delivery meeting with the trainer or subject matter expert allowing for necessary adjustments to ensure the training meets your expectations.

Delivery

The training is delivered by our qualified facilitators, focusing on engagement and interaction to enhance participant learning and retention.

Evaluation

We carry out a thorough evaluation to assess the effectiveness of the programme and gather feedback, ensuring alignment with your training goals and identifying opportunities for future enhancements.



BOOK A MEETING

to discuss bespoke courses
for your team

Woody Maxey-Graham

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PROFESSIONAL DEVELOPMENT
WE HOPE TO SEE YOU AGAIN SOON



IN PARTNERSHIP WITH



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